

Cookridge Primary School

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Tuesday 5th March 2024

Golden Acre Trip

Dear Parent/Carer,

As part of our on-going Forest School work on 'Knots and Shelters,' our focus on mental wellbeing and the arrival of Spring and Easter, children in Years 3 and 4 will be spending a day at Golden Acre Park and Adel Dam Nature Reserve before the end of term. Please see below the dates that pupils are going:

Year 4 - Tuesday 26th March

Year 3 – Wednesday 27th March

Across the day, pupils will participate in three activities which focus on different elements of Forest School. First, teams will be challenged to apply their knowledge of Prusik and Bowline knots to pitch their own shelter in the woods using ropes and a tarp which must be suitable for sleeping in. Next, children will take part in Easter related activities where teams will be tasked with completing a variety of egg themed challenges which will test their creativity, problem solving and practical skills. Finally, pupils will spend time in Adel Dam Nature Reserve bird watching. We'll visit the bird hides and take a walk through the woods to see what birds we can spot. If your child has any binoculars and/or bird ID books, they are allowed to bring these on the trip.

Due to the nature of these activities, children must be in outdoor clothing. The children will be outside for the whole day so they must be in appropriate clothing for the weather, this includes sun hats, woolly hats and gloves if necessary; and everything in between at this time of year. At this time of year, walking boots, wellies or a sturdy pair of trainers are recommended. Children will also be required to bring a packed lunch, a water bottle and a suitable bag/rucksack to carry them. If your child currently receives a free school meal, then one will be provided for them by school. If you pay for school dinners, then please provide your child with a packed lunch from home. If your child brings a packed lunch, please bring one as usual.

If you have any questions, please see your child's class teacher or myself for more information.

Thank you for your continued support.

Yours faithfully, Mr S Gamble LKS2 Phase Leader

Our school is committed to safeguarding and promoting the wellbeing of all children, staff and visitors. In order to sustain high levels of safeguarding, visitors and volunteers are expected to share this commitment.





